

# O

THE OPRAH  
MAGAZINE

## The comforts of **sex**

**A whole new way  
to look at pleasure**

**An O survey**  
Can women really keep  
casual sex casual?

**Dr. Phil**  
How do you ask for the  
sex you want?  
Very carefully

**14 really good answers to  
sex questions you'll be  
glad somebody else asked**



**couples**  
Fall back in love—  
the smartest advice  
we've seen in ages

**Barbara  
Walters**  
Oprah talks to  
the real woman  
behind the  
powerhouse  
image

**Do men compare us to the women in porn movies?**

Most men aren't wishing their partners look like these women. They just wish they were as comfortable with their bodies and with sex. We're a lot harder on ourselves than men. All you need is a body that's soft and smells and tastes good. Keep the lighting low if you like. Find a flowing elegant gown or outfit you feel comfortable in, and forget the elaborate bustier. Not all men are into lingerie, and there's nothing worse than squeezing into some skimpy thing you're bulging out of.

—**CANDIDA ROYALLE**, former adult film star, president of Femme Productions, and author of *How to Tell a Naked Man What to Do* (Fireside)

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